

ADDICTION:

- The Calix Society - An association of Catholic alcoholics, drug addicts, and family members and friends affected by addiction, who are maintaining their sobriety through participation in their Catholic faith and a 12 Step program. <https://www.calixsociety.org/>
- Catholic in Recovery - a nonprofit organization that seeks to serve those suffering from addictions and unhealthy attachments (including alcoholism, drug addiction, pornography addiction, sex and relationship addiction, compulsive overeating and food addictions, gambling addiction, codependency and the impact on family, and general fear, control, and anxiety). <https://catholicinrecovery.com/>

ADULTERY:

- Beyond Affairs Network: A support group for spouse's recovering from the devastation experience of their spouse's affair. <https://beyondaffairsnetwork.com/>
- Restore Catholic Marriage Resource: Affair recovery triage care with tracks for the betrayed spouse and the wayward spouse. <https://www.restorecatholicmarriage.com/affair-recovery-triage>

ANGER:

- Compassion Workshops - Anger and Violence Regulation: Educational programs that deal with detection, treatment and prevention of abuse. <https://compassionpower.com/>

EMPTY NESTERS:

- The Second Half of Marriage: Helps couples renew their love, reinvent their marriage and make the rest the best. <https://www.10greatdates.org/collections/empty-nest/products/second-half-of-marriage-dvd-curriculum>

FORGIVENESS:

- John Paul II Healing Center: Offers healing and reconciliation in marriage. <https://jpiihealingcenter.org/>

GENERAL:

- The Alexander House - Marriage Disciples: Couple to couple program that helps couples rediscover the joy and happiness in their marriage. <https://www.marriagedisciples.org/>
- For Your Marriage – A USCCB Website with articles and resources to help strengthen a marriage. <https://www.foryourmarriage.org/>
- Springs in the Desert – A blog, podcast, and community for those experiencing infertility <https://springsinthedesert.org/>

GRIEF:

- The Emmaus Ministry for Grieving Parents: A Catholic Ministry dedicated to serving the spiritual needs of parents whose children have died. <https://www.emfgp.org/>

LOVE AND INTIMACY:

- *The Good News About Sex and Marriage* by Christopher West video series
- Charting Toward Intimacy – Podcast found on Apple Podcasts, Spotify, Youtube Music, and their website, where you learn to enjoy and desire good, holy sex with your spouse. <https://vinesinfullbloom.com/podcast>

MENTAL HEALTH:

- When a Loved one dies by suicide: A video series.

<https://www.catholicmhm.org/whenalovedonediesbysuicide>

PORNOGRAPHY:

- The Angelic Warfare Confraternity: A fellowship of **men and women** pursuing chastity under the Patronage of St. Thomas Aquinas and the Blessed Virgin Mary

<https://www.angelicwarfareconfraternity.org/>

- Beggar's Daughter: A Christian woman's blog about pornography, lust and addiction, all from a **woman's** perspective. <https://beggarsdaughter.com/>

- Exodus 90: A 90-day challenge of prayer and fraternity to help **men** attain freedom from sexual sin or other struggles. <https://exodus90.com/>

- Freedom Coaching: A Catholic one on one coaching program designed to break the attraction to pornified images. <https://www.freedom-coaching.net/>

- Integrity Restored: An organization dedicated to helping Catholics fight pornography.

<https://integrityrestored.com/>

- The King's Men: A **men's** group focused on building up men as leaders, protectors and providers with a special focus on finding freedom from pornography. <https://thekingsmen.org/>

- Reclaim Sexual Health: Science-based, Catholic resources for those impacted by pornography, masturbation or other unhealthy sexual behaviors. <https://www.reclaimsexualhealth.com/>

- Reconnected: A program to help the **spouse** of those that feel betrayed because of their spouse's porn use. <https://catholiccounselors.com/old-services/reconnected/>

- Restored Vows: A pornography recovery series for **couples**. <https://start.covenanteyes.com/restored-vows/>

- Road to Purity: Powerful recovery and healing for those struggling with purity.

<https://roadtopurity.com/>

- Sexaholics Anonymous: A recovery program for **men and women** who support each other in staying sexually sober. <https://www.sa.org/>

- S-Anon International Family Groups: A recovery program for those who have been affected by someone else's sexual behavior. <https://sanon.org>

SPIRITUAL:

- Building a Eucharistic Marriage: Strengthen your marriage with 7 areas of deepening your relationship with Christ through the Eucharist. <https://www.eucharisticmarriage.org/>

- The Cana Institute: Guides couples toward vibrant marriages by helping them understand the dynamics between the spiritual and problem-solving components of marriage. <https://www.canainstitute.org/>

- The Couple Prayer Series: Helps married couples develop closer relationships with God and each other as they learn to pray in safe, close and comfortable ways. <https://www.coupleprayer.com/>

- Holy Catholic Marriage Podcast: Teaches Catholic couples how to live their love for their spouse, as a sacrament and how to grow in true intimacy as Christ intended.

<https://holycatholicmarriage.com/marriage-podcasts/>